

THE FARMER'S JOB HUNTING WORKBOOK

A New Career Beyond The Farm's Fences



WISCONSIN
Farm Center



APPENDIX

FARMER'S JOB HUNTING WORKBOOK





APPENDIX

Additional resources for mental health, social services, and job searching are provided below. You'll also find full page copies of resources from the workbook for printing out.

FARMER MENTAL HEALTH RESOURCES

Wisconsin Farm Center

- <https://farmcenter.wi.gov/>
 - This website is for the Wisconsin Farm Center, which is a part of the Wisconsin Department of Agriculture, Trade, and Consumer Protection (DATCP). Services include financial consulting and transition planning, mediation, veteran farmer assistance, herd-based diagnostics and the Farmer Wellness Program.

University of Wisconsin-Extension: Farm Stress

- <https://farms.extension.wisc.edu/farmstress/>
 - The University of Wisconsin-Madison Extension provides important information about farm stress, stress management and resources for financial planning through their Resilient Farms, Families, Businesses & Communities program.
- <https://farms.extension.wisc.edu/articles/farm-stress-decision-making-during-challenging-times/>
 - This site provides more information on the signs of farm stress and healthy strategies for dealing with stress.

American Farm Bureau - Farm State of Mind

- <https://www.fb.org/land/fsom>
 - The American Farm Bureau Federation's Farm State of Mind program provides resources and information for coping with farm stress, and works to reduce the stigma around mental health.

SOCIAL SERVICE PROGRAMS

Wisconsin Department of Health Services

- <https://www.dhs.wisconsin.gov/forwardhealth/index.htm>
 - This page provides information about the benefits programs offered in Wisconsin, including but not limited to: BadgerCare, FoodShare, Medicare, WIC, energy assistance, free and reduced school lunch, free and reduced-cost health and dental care clinics, and elderly nutrition programs.

**Access Wisconsin**

- <https://access.wisconsin.gov/access/>
 - This website is a quick assessment for people who live in Wisconsin to find out if they might qualify for financial assistance: buying food, low or no-cost health care, buying prescription drugs, paying for childcare, home energy assistance, special tax credits and low-cost life insurance.

JOB WEB SEARCH PAGES**Wisconsin Department of Workforce Development**

- <https://jobcenterofwisconsin.com/>
 - A Wisconsin-based employment site that links employers with anyone looking for a job. The site is free to both employers and job seekers and is available 24 hours a day.

SKILLS, VALUES, INTEREST ASSESSMENTS AND CAREER RELATED INFORMATION

- <https://www.vawizard.org/wizard/careersAssess>
 - This site provides skills, interests, and values assessments and then determines career “fits” relative to your specific skills, interests, and values. *Note: You do not have to create an account to get your results. An account is only needed if you want to save this information to a profile you have with the website.

U.S. Department of Labor O*NET Code Connector

- <https://www.onetcodeconnector.org/>
 - A database containing hundreds of job titles, descriptions of each, and the tasks normally associated with that job.



CHART FOR ORGANIZING JOB SEARCH INFORMATION

Job Title	Company Name & Address	Phone & Email	Contact / Interviewer Name	Dates to Remember
				Date Applied: _____ Interview Date: _____ Follow-up Date: _____
				Date Applied: _____ Interview Date: _____ Follow-up Date: _____
				Date Applied: _____ Interview Date: _____ Follow-up Date: _____
				Date Applied: _____ Interview Date: _____ Follow-up Date: _____

